

A Passionate Obsession

Anyone Can Have So Life Really Can Dance To a Different Beat

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It wasn't long after I'd finished delivering a seminar presentation to do with life and marketing and habits that I found myself speaking to a number of delegates in the hallways and in the corridors, in the aisles and even on the staircases. And what became apparent to me was that the people I spoke to had bought into a dream... a dream of another life... another lifestyle... another personality... something that was *far far* away from the life they were currently engaged in.

And what struck me most about these people was the uncertainty, the indecision, the frustration, the '*made up*' involvement they had in their own dream. But there was something more. And what that something '*more*' was, was that these people hadn't really bought into a dream of their own – they were living on the wings of someone else's dream... someone else's agenda... someone else's plan.

And how did I know... how did I come by that observation that it wasn't *their* dream? Well, there's only really one tool I used and it's a tool we all have at our command and disposal at every moment and so the simple tool was... *a question*. And life is pretty much nothing more than asking and answering questions and so I proceeded to ask this question to everyone who wanted to speak to me. And in pretty much all instances I received a response that told me, and more importantly, told the person who answered the question that yes indeed, this idea of another life, another lifestyle, another way of being, wasn't something they really *really* deep down thought would work for them.

They didn't buy into what they were supposedly, into... *their own stuff!*

And so I asked the simple, harmless, innocent question that went along the lines of... "*so, do you love what you're doing and is it something you're obsessed and passionate about?*"

Now, that question seemed to have jolted each person who heard it and when I received a catalogue of blank, dead, faraway looks – like as if someone had flipped opened these people's heads and yanked out their brains and closed the top lid head back – then I quickly realised that these people were playing the most adventurous game of their lives. And that their adventurous game was a game *devoid* of love and passion for what they were doing.

The Timidity of Involvement and Love

So why is it difficult for us to really love and be obsessed and passionate about what we want in this life... why is it that we're so timid and so frightened and so unsure about our very self? I mean, dogs don't do that, do they... hide their feelings for what they want?

You ever seen a dog that wants loving, simply lope and cower in a corner and wish and pray that love comes their way? No, me neither. A dog will come and slop its face in our laps and start some whining noise or does something to get our attention that it plain and simple, just wants love. Dogs aren't afraid to ask for love. However, we humans have a really difficult time saying what we love or want to do with our lives or what we are up to. It's almost something apologetic for us to say what we want.

And if you think you can perform to your maximum and your sparkling best when you simply *hate* what you're doing or even if you don't hate it but you are indifferent to what you're doing, then life's nothing more than a daily tick tock bore... a mundane series of routine tasks that have sucked the very creativity and enjoyment and fun out of us. And for most people, it'll be this way until the day they hammer the last nail in the coffin because of the unwillingness to declare their love for what they are doing and what they are up to in life.

Wild Things With an Obsession to Perform... And Loving Every Moment of It!

Look at Elvis and Sinatra and Tiger Woods and Muhammad Ali and Barack Obama and Cristiano Ronaldo and Kylie Minogue and Luciano Pavarotti and Richard Branson and Tom and Jerry and Robin Williams and Roger Federer and anyone else you can think of who isn't in the public eye and who performs and is alive and are so into what they're doing... well do you think that these people are somewhat different than the rest of us?

Well, the immediate answer maybe, yes they *are* different. Though I submit to you that through their dedication and through their practice and through their *love* of wanting to become the best at what they chose as the path they wanted to excel in, ***then we can do the exact same thing in whatever we decide is the thing that turns us on... the thing that lights our fire... that sends us into a shower of delight when we're performing and doing... the thing that moves us in to another dimension.***

And we notice it and others notice it in us because after a while, we're gliding, simply gliding at what it is we do. And to the outsider looking in, it's all effortless and it's all natural and it's all so beautiful and we don't care that they think this way because we know the work we've done to become really good at what it is we're doing that it DOES seem like it's something like an '*overnight success*'.

And that's the truth if we want to be the best parent we can, the best employee, the best business owner, the best entrepreneur, the best communicator, the best liver' of our own beautiful life... then whatever we want to be and we can become that if we choose to **name and declare it**. And *when* we do declare it and when we do set it as something that really turns us on then we can reach for the stars in our accomplishments... *we really can* – and *in our own way* we can become as wild and as free and as electric and alive as Elvis, or Pavarotti, or anyone else for that matter.

Can you have a passionate obsession so your life really can dance to an altogether different beat – a beat and dance YOU can create and set?

Well, maybe you can be passionate about something in your life. And maybe you can be obsessed about something and maybe you can create a different dance and beat so your life transcends the current normality of things... *maybe you can*.

Of course that'll only be true for you if you're feeling frustration, dissatisfaction, lack of energy and a dwindling spirit in what you're doing on a day to day basis. But you see, here's where life takes on a new and exciting meaning - and it happens when you truly find something that you can call *an obsession*.

And I don't mean that crazy, mad, do-it-at-all-costs and have no regard for your health or your family or your finances as you go in search to achieve your ultimate goal, because the truth of the matter is that whatever you finally decide upon in making your **commitment to success**, it'll be something that has all your life elements, weaved into it. It'll all come in to play.

So you'll also find that the '*success*' you're looking to achieve, doesn't happen in just one, dramatic, extraordinary, celebratory day.

No, in fact, you maybe somewhat troubled to hear this, but magnificent success in whatever endeavour, **comes in the day to day DOING** of the work you must do in order to reach whatever you want. And in another way, I hope you're *not* troubled by it because there's an extraordinary power that comes in being so excited and so committed in doing the daily work that leads to the big picture. There's something just so magnificent in doing valuable work that contributes to our best life.

And when we do our daily work, the success we want, comes... and it comes and it arrives in the most ordinary of times. And it could be that the rain is coming down and there's a nail we've driven on and we've a flat tyre and the newspaper's arrived late and the train isn't on time and the rowdy relatives are about to swoop and the internet connection has just blown you out and the gloom and doom merchants are still proclaiming that the world is just a dry dress rehearsal for the impending disaster – all of that may still be going on, but for you, it through all that when you silently arrive – no

fanfare, no pomp or celebration or any of that. You've simply arrived in the most ordinary of times.

If there's one magic trick to it, if I can call it that, even though there is no trick, it is **to go for the impossible dream and to think big, and then, to live each day where you're going to work at making the big dream, happen...to live and breathe each day was your whole life.**

So, when you reach whatever for you is your ultimate dream or reality or lifestyle or income or skill or learning or whatever, then you can root yourself in this certain fact that you would've reached your glory by doing the day to day work.

And I don't know any really successful person who doesn't have a total commitment to the work they do in a day, all the while, aligning it to the BIG picture dream vision they have in the forefront of their minds.

Help!... I'm Living a Life Without Passion!

And what if you say that you're not passionate about anything and that you can't get obsessed about anything enough in order to see it to fruition and fulfillment? What if you say that there's got to be something wrong with you and that just because you can't get passionate about something that someone's messed with your wiring and you need to have yourself 'fixed'.

Not only that but you say to me that I can't be like these dancing prancing gurus who jump about all over the stage telling us about passion and emotion and energy and electricity... and you say that all of that just isn't you, that it seems all fake and fraudulent and full of illusion and mirrors.

Well as interesting and as somewhat truthful as all that sounds, no one else can *drive* a passion into you. No-one can force you to become obsessive about something. Yes, another person can help and bring about an awareness to things that you may not have thought about before but quite frankly, either a person is internally inspired, or they're not... either they want to create a better life or they don't... either there's the inner excitement or there's not. Real sweet living cannot be simply turned on like a cold, uncaring, mechanical robot. Where it does all come from is that it all comes from *within*.

You see, no one can force you to get into a business opportunity you have no liking or no fondness or no love for. No one can't brow beat you into submission to have you playing a sport and have you be at the top of your game if you just detest it all and have no inner desire or '*want*'. No one can say to you that you've got to become employee number one if you have no love or interest in what you're doing. None of that works towards any sort of happy lasting effect.

And about the people we see proclaiming a better life for you and a rosy future for you and for you to be on an emotional high and look your best and *be* your best at all times,

then all of that is nothing more than a story - a story told by those who want you to buy into their story. *It's their story of their own passion and their own dream and their excitement and their stuff.*

So that's what screws us up. That's what plays havoc in our heads. That's what causes confusion, delusion and a life of waste – trying to be someone else... trying to buy someone else's dream or vision or creation... and through that all, we bypass our own miracle of the future. We concede our very own value, worth and quality of life when we are *out of the picture* when it comes to our own life.

And the evidence of all that is that we can *feel* it and we can sense it inside because we see ourselves lying low with what we're up to in life. And we know that we'd rather hold back rather than masterfully venture forth and rise up to the occasion because we're all hesitant and spluttering and that we'd rather go through life trying to work things out ourselves by delving in to the corner of our own mind and our own thinking, rather than get in to the real game and get help and assistance and get the wheels of our life and our opportunity and our of our own heart... into smooth flowing motion.

Our Moment by Moment Heartbeat

And there's no perfect time to start the smooth flowing motion of your life so why not start here, beginning today, right now, here in this current moment? And how you might want to do that is ***by deciding, by choosing to create a life that really turns you on.***

I don't know if you know it or if it hasn't really totally struck you quite yet but we're all given a number of heartbeats on this planet and when they're used up, that's it... *we're gone!* It's how we decide to live in that gap – the gap between *now* and our last heartbeat - that's where the beauty and creativity of life, is... that's where the action is... that's where the ultimate change is.

So let me ask you... how will you use all *your* heartbeats? And, if you know, either by something clicking and connecting for you by what you've read here or just by something happening in your mind some time ago and it all just makes complete sense to you right now, then let me suggest that there's no better time for you to connect all your heartbeats together and turn in into something spectacular. It's time to go to work. And as you've read, work is nothing more than a beautiful reflection of your own value and your own worth when it comes to living your own delicious life.

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